



# The Caregiver's Compass: Guiding Lung Cancer Support Show Notes

Becoming a lung cancer caregiver is a multifaceted role that encompasses a wide array of responsibilities and emotions. Caregivers often find themselves taking on numerous tasks, ranging from managing household duties and coordinating doctor appointments to handling complex health insurance issues—all while providing the necessary emotional and medical support to their loved ones.

## Guest:

**Jenni Daniel, BSN, RN** - Jenni is a Life Coach for lung cancer survivors and their partners, helping them to navigate their cancer journey. Jenni owns and operates the MyNurse At Home, a cancer and life coach center.



## Resources:

[My Nurse At Home](#)

[What is a Lung Cancer Caregiver?](#)

[Caring for Someone with Lung Cancer: What to Know](#)

[Taking Care of Yourself When You're a Cancer Caregiver | What You Need to Know](#)

[Lung Cancer: Being a Better Caregiver](#)

## Frank and Debbie McKenna

Speaker bio: Frank is a Lung Cancer survivor. He is a personal trainer. At the time of his diagnosis in July 2016, not only in top physical shape, but he knew his body inside and out. So, when he developed an annoyingly persistent cough, he readily accepted his doctor's diagnosis of allergies. After ten days of taking an over-the-counter medication and symptoms were unimproved, physician-ordered tests showed fluid in his left lung. When Frank had the fluid drained, cancer cells showed up in both lungs. Frank, a perfect physical specimen with no symptoms beyond a cough he considered "just annoying", had Stage 4 lung cancer. Frank is thrilled to be reaching people and making a difference. He is also profoundly aware and immensely grateful for continued lung cancer research. In his words, "I know I wouldn't be here without it."



[Lung Cancer Foundation of America](#)



## Resources

- [Frank's Speakers Bureau Profile](#)
- [Consumer Story - Frank McKenna: WIN The Day Make History!. Lung Cancer Research Program. Congressionally Directed Medical Research Programs](#)
- ["How I Survived Cancer" the Story of Frank McKenna](#)

LCFA's mission is the improvement in survivorship of lung cancer patients through the funding of transformative science.

While raising funds to support lung cancer research, LCFA will raise the public's awareness and serve as a resource for patients or anyone seeking answers, hope, and access to updated treatment information, scientific investigation, and clinical trials.

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